



Schedule of Events Winter 2011

In partnership, Intellectual Disabilities Agency (Leisure Directions) & Special Olympics is pleased to offer an exciting line up of programs & activities. Previous experience not required. Come have fun!

IDA & Special Olympics partner recreational programs to bring the best possible experience for people with and without intellectual disabilities. All are challenged to improve skills, develop friendships & understanding of each other's capabilities through a spirit of equality & team unity.

To register—fill out & return the registration page to IDA by mail or e-mail. *Keep this page for your information.*

IDA (Leisure Directions)—381-0310 sheila@idanrv.org or Special Olympics—951-2918 swooffice@specialolympicsva.org

- Please provide an assistant if one on one help is needed for any program or activity.
- Dances are \$1/person. Dances are large so there isn't close staff supervision.
- NOTE: the age requirement for each program
- In case of inclement weather - if Montgomery County Schools are closed, the activity is canceled. If there is winter weather, a message will be on voice mail when a decision is made. Call IDA—381-0310.
- You are making a commitment to the program/s you choose & to be **ON TIME**.
- Limited transportation available for most activities. Check below for information.
For each activity/evening that you ride the van, give \$1 to your van driver. If you can't attend an evening, tell the van driver or call this office to avoid an unnecessary trip. This is an expensive service & IDA appreciates your cooperation.
- If someone rides the van to an activity, a family member **MUST** inform the driver if the individual will not ride the van home after the activity.
- If you transport someone, don't be late picking them up. Thank you.

Date/Time	Event & Location	Other information
Friday, 2/11 7:00—9:00 p.m.	Valentine Dance Co-sponsor & location—Christiansburg Parks & Rec. on Franklin St.	Come dance or mingle. Refreshments & a DJ Ages 13 & up unless closely supervised by parent. \$1/person
Thursday's 02/3—4/21 7—9:00 p.m. No bowling March 10 Arrive at 6:45 & check off your name.	Bowling league Co-sponsor & location — NRV Superbowl— Arbor Dr. Christiansburg	Ages 13 & up. \$4/week payable to NRV Superbowl. Shoes free. This is a league—you will be bowling 2 games. Standings are kept but a sanction fee isn't charged.
Tuesday's 1/11—3/15 7:00—8:30 p.m. Mark your calendars —Your team will play in a tournament at Cassel Coliseum (VT) on Sunday, February 20. State tournament for <u>teams that qualify</u> on March 19 & 20.	Basketball league Co-sponsor & location—Blacksburg Parks & Rec. on Patrick Henry Dr.	Ages 13 & up. No experience necessary—some teams will be concentrating on beginner skills & some teams on advanced skills. Mark your registration form if you can attend the state tournament if your team qualifies.
Tuesday's 1/25—11/2 7:00—8:00p.m. No swimming March 8	Aquatics Program Co-sponsor & location - Blacksburg Aquatics Center	Ages 8 & up. The aquatics center is on Patrick Henry Dr. Partner w/ an individual to work on swimming skills.
*WEDNESDAY'S 2/2—4/27 6:00—7:00 p.m. No swimming March 9 Transportation NOT available	Aquatics Program Co-sponsor & location—CHRISTIANSBURG Aquatics Center on Franklin St.	Ages 8 & up. A great opportunity to add another night of swimming OR to play basketball AND have an evening of swimming to work on swimming skills.
Tuesdays 2/1—3/15 7:15—8:15 No walking March 8	Walking Club Location—inside University Mall, Blacksburg	Ages 13 & up. Meet inside the mall and partner w/ an individual to get exercise & to socialize. <u>Bring your own water/drink or purchase at CVS.</u>
*Saturday's 1/29—3/5 2:00—4:00 p.m. Young Athletes! Ages 2—7 & 6—14!! Transportation NOT available	Young athlete program at Kipps Elementary Gym on Prices Fork Rd. in Blacksburg. New sports play program featuring developmental activities for young athletes age 2-7 AND a sports experience program for ages 6-14.	Ages 2—7 & 6—14 Parental involvement is important for this NEW Special Olympics program. Volunteers are needed to work one on one with young athletes. An orientation and training will be scheduled with volunteers in late January.
Looking ahead —track & field practices Track & field regional tournament	Spring Dance, cooking classes	softball league, fishing rodeo. You will receive info. on these programs in the future.